



GROCERIES



SPAR
Parboiled Rice
2 kg / 10 kg



Tastic
Long Grain Parboiled Rice
2 kg



Spekko
Long Grain Parboiled Rice
2 kg



SPAR
Sunflower Cooking Oil
750 ml / 2 litre / 4 litre / 5 litre



Sunfoil
Sunflower Cooking Oil
2 litre



SPAR
Super Maize Meal
1 kg / 2,5 kg / 5 kg / 10 kg / 12,5 kg



White Star
Super Maize Meal
2,5 kg / 5 kg / 10 kg / 12,5 kg



SPAR
Macaroni and Spaghetti Assorted
500 g



SPAR
Cake Wheat Flour
2,5 kg / 5 kg / 10 kg / 12,5 kg



SPAR
Brown Sugar
1 kg / 2 kg / 5 kg / 10 kg



SPAR
Refined White Sugar
2 kg / 2,5 kg / 5 kg / 10 kg / 12,5 kg



Crosse & Blackwell
Tangy or Creamy Mayonnaise
750 g



Nola Mayonnaise
Original or Tangy Only
750 g



All Gold
Tomato Sauce
700 ml



Koo
Baked Beans in Tomato Sauce (Excl. Lite and Variants)
410 g



Knorr
Packet Soup Assorted
50 g



Robertsons
Rajah Curry Powder Assorted
100 g

BEVERAGES AND SNACKS



Liqui-Fruit
100% Fruit Juice Blend Assorted
1 litre / 2 litre



Brookes
Oros Squash Assorted
2 litre



Coca-Cola
Regular Only
2,25 litre



Coca-Cola,
Fanta, Sprite or Stoney Regular (Excl. Lite, Diet and Zero Range)
1,5 litre



Simba
Potato Chips Assorted
120 g



Doritos
Corn Chips Assorted
145 g



Cadbury
Chocolate Slabs Assorted (Excl. Bubbly)
80 g



Nestlé
Aero or Kit Kat Slabs (Excl. Gold Range)
85 g



Monster
Energy Drink Assorted
500 ml



Maynards
Gums & Jellies Assorted
125 g



Red Bull
Energy Drink Assorted
250 ml / 355 ml



Cadbury
Crunchie, Lunch Bar, PS or 5 Star
40 g / 48 g / 48 g / 48,5 g



Bakers
Blue Label Marie Biscuits Assorted
200 g



Bakers
Tennis Biscuits Assorted
200 g



Nestlé
Kit Kat, Aero, Bar-One, Smarties, Tex, Milkybar Chocolate Bars Assorted
38 g / 40 g / 55 g

BABY



Pampers
Baby Dry Nappies / Nappy Pants Jumbo Pack, Premium Care Value Pack Assorted



Huggies
Dry Comfort Nappies or Nappy Pants Jumbo Pack, Assorted

HOME ESSENTIALS



Sunlight
Hand Washing Powder Assorted
3 kg



Ariel
Auto Washing Powder, Liquid or Capsules Assorted
2 kg / 1,1litre / 1,5 litre / 14s



Sunlight
Laundry Bar Assorted
500 g



Sunlight
Dishwashing Liquid Pouch
750 ml



Jik
Bleach Assorted
750 ml

Competition ends 2 June 2024

Exclusive to **SPAR Rewards** customers.
Competition runs from 23 April - 2 June 2024. T's and C's apply.



These products
could win you
**1 of 50
CARS**



BREAKFAST

<p>Jacobs Krönung Jar or Refill Assorted (Excl. Decaf) 200 g / 230 g</p>	<p>Douwe Egberts Freeze Dried Coffee Assorted 200 g</p>	<p>Nescafé Ricofly Instant Coffee Refill Value Pack (Excl. Decaf) 800 g</p>	<p>Nestlé Cremora Coffee Creamer 750 g</p>	<p>Five Roses Ceylon Blend Tagless Teabags 100s</p>	<p>Freshpak Rooibos Tagless Teabags (Excl. Green Tea) 80s</p>	<p>SPAR Long Life Milk Assorted 6 x 1 litre</p>	<p>Black Cat Peanut Butter Assorted 400 g</p>	<p>Jungle Oats 1 kg</p>			
<p>Kellogg's Coco Pops, Chocos, Rice Krispies, Strawberry Pops or Fruit Loops 350 g / 400 g</p>	<p>SPAR Golden Corn Flakes 500 g</p>	<p>Kellogg's Corn Flakes 1 kg</p>	<p>Bokomo Weet-Bix 450 g / 900 g</p>	<p>PET CARE</p>					<p>SPAR Woof Dry Dog Food Assorted (Excl. Puppy) 8 kg</p>	<p>Pamper Fine Cuts in Gravy or Jelly Multi Pack 12s</p>	<p>Husky Dog Food Assorted 775 g</p>

CHILLED AND FROZEN

<p>SPAR Butter Brick Assorted 500 g</p>	<p>Rama 70% Fat Spread Brick 500 g</p>	<p>Stork Country Spread 40% Fat Spread Tub 1 kg</p>	<p>Sunshine D Original 60% Fat Tub 1 kg</p>
<p>Clover Butro 500 g</p>	<p>Parmalat / President Pre-Packaged Cheese Assorted 800 g / 850 g</p>	<p>SPAR Pre-Packaged Cheese Assorted 700 g</p>	<p>Parmalat/Melrose Cheese Slices Assorted 400 g</p>
<p>Clover Classic Smooth Yoghurt Assorted (Excl. Fruit Assorted) 6 x 100 g</p>	<p>SPAR French Polony 2 kg</p>	<p>SPAR Red or Smoked Viennas Assorted (Excl. Chili, Cheese and Chicken) 500 g</p>	<p>SPAR IQF Mixed Chicken Portions 2 kg / 4 kg / 5 kg</p>

PERSONAL CARE

<p>SPAR Toilet Rolls 2 Ply 350 Sheet 18s</p>	<p>Baby Soft Toilet Rolls 2 Ply 350 Sheet 18s</p>	<p>SPAR Toilet Rolls 1 Ply Mini 300 Sheet 18s</p>	
<p>Lifebuoy Hygiene Bar Soap 175 g Assorted (Excl. Charcoal) 175 g</p>	<p>Nivea Roll On Deodorant Assorted 50 ml</p>	<p>Dettol Hygiene Soap Assorted 175 g</p>	<p>Shield Roll On Deodorant Assorted 50 ml</p>
<p>Always Maxi Value Pack & Panty Liners 32s / 36s / 40s</p>	<p>Head & Shoulders Anti-Dandruff Shampoo Assorted 400 ml</p>		
<p>Pantene Shampoo or Conditioner Assorted 360 ml / 400 ml</p>	<p>Vaseline Lotion or Cream Assorted (Excl. Argan Oil) 400 ml</p>	<p>Nivea Body Lotion or Cream Assorted 400 ml</p>	

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